# Copy Questionnaire for link workers on the topic of gardens, libraries, museums and social prescribing (April 2021) (copy)

## Page 1: Information about the study

# Study title: Gardens, libraries, museums and well-being

The aim of this study is to explore and understand how the cultural sector might be involved in social prescribing for older people, especially within the context of the COVID-19 pandemic. *We are interested in hearing from people undertaking a link worker type role in the UK.* 

We appreciate your interest in participating in this online questionnaire. You have been invited to participate because you are a link worker. Please read through this information before agreeing to participate (if you wish to) by ticking the 'yes' box below.

You may ask any questions before deciding to take part by contacting the researchers (details below).

The Principal Researchers are Stephanie Tierney and Kamal Mahtani. They work at the Nuffield Department of Primary Care Health Sciences, University of Oxford.

Taking part in this research will involve answering some questions online about your views and experiences of the cultural sector (particularly museums, libraries and public gardens) and its potential role in social prescribing. This should take **about 10 minutes**, although you can take as much time as you like. No background knowledge is required. Data will be used by the researchers to understand how and whether link workers currently use the cultural sector when developing action plans and supporting older people. The data you provide will only be accessed by members of the research team from the University of Oxford.

#### Do I have to take part?

Participation is voluntary. If you do decide to take part, you may withdraw at any point for any reason before submitting your answers by closing the browser.

#### How will my data be used?

We will not collect any data that could directly identify you (e.g. your name or email address). However, we will ask for demographic information (e.g. your age, gender, job title, length of time working as a link worker) in order to compare responses among different groups of link workers.

Your IP address will not be stored. The anonymised responses you provide will be stored in a password-protected electronic file and may be used in academic publications. Research data will be stored for three years after publication of our results.

#### Who will have access to my data?

The University of Oxford is the data controller with respect to personal data. Research is a task that we perform in the public interest. Further information about your rights with respect to your personal data is available from <a href="https://compliance.admin.ox.ac.uk/individual-rights">https://compliance.admin.ox.ac.uk/individual-rights</a>. Only authorised staff will have access to data from the study, which will be stored securely on a University computer server.

#### Who has reviewed this study?

This project has been reviewed by, and received ethics clearance through, the University of Oxford Central University Research Ethics Committee (R73809/RE001).

#### Who do I contact if I have a concern or I wish to complain?

If you have a concern about any aspect of this study, please speak to Stephanie Tierney (Email: <u>stephanie.tierney@phc.ox.ac.uk</u> Tel: 01865 289324). She will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Research Ethics Committee at the University of Oxford who will seek to resolve the matter as soon as possible:

Email: ethics@medsci.ox.ac.uk;

Address: Medical Sciences Interdivisional Research Ethics Committee, Research Services, University of Oxford, Wellington Square, Oxford OX1 2JD

If you have read the information above and agree to participate with the understanding that the data you submit will be processed accordingly, please check the relevant box below to get started.

1. Do you agree to take part? \* Required

 $\odot\,$  Yes, I agree to take part in the survey

### Page 2: What are we looking at in the questionnaire?

In this study, we wish to hear from people in a link worker type role based in the UK. We are particularly interested in understanding your views on the role of libraries, museums and public gardens as part of social prescribing for older people (aged 60 years or older). By public gardens we mean things like National Trust sites, arboretums, botanical gardens; they often have collections of plants for public education and enjoyment, in addition to research and conservation. We will also ask some questions about the cultural sector and social prescribing more generally.

We are sending out this questionnaire via various routes. We would only like you to complete it once - thank you.

#### Page 3: Your role

2. Do you work in the UK in a link worker type role (you may be called a 'link worker', but we are still interested in hearing from you if you have a different title like 'social prescriber' or 'community connector' to describe your position)? By link worker we mean anyone involved in connecting people to local community resources, groups or assets as part of social prescribing. *\* Required* 

O Yes

O No

○ Unsure

If you answer 'no' and are not in a link worker type role in the UK, you will be taken to the end of the questionnaire as the remaining questions will not apply to you.

#### Page 4: Background information about you

3. What is your job title? \* Required

3.a. What is your age? \* Required

Please select exactly 1 answer(s).

- 🗆 Under 21
- □ 21-30
- □ 31-40
- □ 41-50
- □ 51-60
- Over 60
- Prefer not to say

3.b. How would you describe your gender? **\*** Required

- Female
- Male
- Non-binary
- Transgender
- O Prefer not to say
- Other (please specify)

3.b.i. If you selected Other, please specify:

**3.***c.* How would you describe your ethnicity? **\*** *Required* 

- O Asian British
- Other Asian (e.g. Indian)

- O Black British
- Other Black (e.g. African)
- O White British
- Other White (e.g. European)
- Mixed/ multiple ethnicity
- Other (please specify)
- O Prefer not to say

3.c.i. If you selected Other, please specify:

(3.d.) How long have you worked as a link worker? \* Required

- C Less than 6 months
- 6-11 months
- 12-47 months
- O Between 2-4 years
- More than 4 years
- O Prefer not to say

3.e. In which region of the country do you work as a link worker? \* Required

- East of England
- East Midlands
- O London
- O Northern Ireland
- O North East England
- O North West England
- Scotland
- South East England
- South West England
- Wales
- O West Midlands

- Yorkshire and the Humber
- Prefer not to say
- Other (please specify)

3.e.i. If you selected Other, please specify:

3.f. In your role as a link worker, how are you employed? \* Required

- By a Primary Care Network (PCN)
- By a Voluntary-Community Service
- Other (please specify)
- Prefer not to say

*3.f.i.* If you selected Other, please specify:

### Page 5: Some further information about your activities

4. Prior to the COVID-19 pandemic, how often did you personally use/visit any of the following?

	<b>*</b> Required					
	Frequently (at least once a month)	Occasionally (about 2-4 times a year)	Rarely (about once a year)	Never		
Public gardens (e.g. botanical gardens)	C	C	C	0		
Libraries	O	O	O	С		
Museums	O	O	O	C		

*4.a.* Have you personally used any of the following during the COVID pandemic (e.g. online, going for a walk)?

	<b>*</b> Required	
	Yes	No
Public gardens (e.g. botanical gardens)	C	C
Libraries	C	C
Museums	C	C

# Page 6: Overview of social prescribing for older people (aged 60 years and older)

5. In your role as a link worker, how often do you refer older people (aged 60 and older) you support to any of the following as part of social prescribing?

		<b>≭</b> Required	1	
	Frequently (at least once a week)	Sometimes (about once a month)	Rarely (less than once a month)	Never
Advice/guidance (e.g. on housing, debt)	С	C	C	0
Sports/physical activity (e.g. health walks, green gyms)	С	С	C	O
Natural environment/green spaces	С	С	C	O
Arts/cultural activities	O	0	C	C
Mental health/emotional support	С	C	O	O
Befriending	O	O	C	С
Peer support/ self-help groups	С	C	С	0
Volunteering	O	C	C	C
Health education	0	C	O	C
Other	0	O	C	C

**5.a.** If you ticked 'other', please summarise here the other things that you refer older people to as part of social prescribing.

*5.b.* How important are each of these factors when deciding where to refer older people as part of social prescribing?

	* Required			
	Very important	Somewhat important	Not important	
Cost	O	O	0	
Accessibility	O	O	0	
Location	C	C	О	
Individual need	O	O	О	
Knowledge of the service	O	O	C	
Good relationship with people running the activity/venue	0	С	С	
Previous good experience with the activity/service/group	O	С	С	

**5.c.** If there are any other key factors that are influential when you are deciding where to refer older people as part of social prescribing, please list them in this box.

5.d. How has the COVID-19 pandemic affected the support you can offer older people?



**5.e.** How do you find out about the services you refer older people to in your job as a link worker (e.g. online directory, word of mouth, personal contacts)? **\*** *Required* 

# Page 7: Defining 'cultural'

6. When you hear the term 'cultural sector' or 'culture' what words or phrases come to mind? \* *Required* 



*6.a.* To what sort of cultural activities/assets do you refer older people as part of social prescribing (please write 'none' if you do not refer to cultural activities/assets)?' **\*** *Required* 

#### Page 8: Gardens, libraries, museums and social prescribing

7. On average, how often did you refer older people you supported to any of the following as part of social prescribing **before the COVID-19 pandemic**? (If you were not employed in a link worker role before March 2020, please tick never and write in the space 'not employed pre pandemic').

	* Required				
	Please write here if you were not employed as a link worker pre-COVID	Frequently (on a weekly basis)	Sometimes (about once a month)	Rarely (less than once a month)	Never
A public garden (e.g. botanical garden)		C	С	C	C
A library		O	O	O	0
A museum		С	O	O	0

**7.a.** If you were not employed in a link worker post before the COVID pandemic (pre March 2020) please write here when you started in this post.



*7.b.* On average, how often have you referred older people you support to any of the following as part of social prescribing *during the COVID-19 pandemic*?

	* Required					
	Frequently (on a weekly basis)	Sometimes (about once a month)	Rarely (less than once a month)	Never		
A public garden (e.g. botanical garden)	С	C	O	O		
A library	O	O	O	O		
A museum	O	O	O	О		

7.b.i. On a scale of 1 (completely disagree) to 5 (completely agree), how far do you agree with

	* Required				
	1 (completely disagree)	2	3	4	5 (completely agree)
Public gardens can support older people's well-being	C	С	0	C	С
Libraries can support older people's well- being	C	С	С	С	C
Museums can support older people's well- being	C	С	С	С	С

**7.b.i.a.** How and why do you think public gardens (e.g. botanical gardens) could support social prescribing? If you are not sure, please write 'unsure'.



*7.b.i.b.* How and why do you think libraries could support social prescribing? If you are not sure, please write 'unsure'.

*7.b.i.c.* How and why do you think museums could support social prescribing? If you are not sure, please write 'unsure'.

# Page 9: Potential barriers to using gardens, libraries and museums

8. In your experience, what are the potential barriers/obstacles to older people using public gardens, libraries or museums as part of social prescribing? (please tick all that apply)

	Transport	Familiarity (e.g. not used to going to these places)	Cost	Accessibility (e.g. wheelchairs, toilets)	Psychological barriers (e.g. lack of self-confidence)
Public gardens	Г	Г	Γ	Г	Г
Libraries	Γ	Г	Γ	Γ	Г
Museums	Γ	Г	Γ	Γ	Γ

*8.a.* Are there any other potential barriers/obstacles to older people using public gardens, libraries or museums as part of social prescribing? If so, please let us know about them here.



9. Have you ever approached any of the following to find out about opportunities/offerings/activities to which you could refer clients/patients as part of social prescribing?

	* Required						
	l am in regular contact	l contact from time to time	I had a one-off meeting	I have never contacted			
Public gardens	C	C	С	O			
Libraries	C	C	C	С			
Museums	0	0	C	C			

**10.** Have *you ever been approached*, in your role as a link worker, by any of the following so they can inform you about opportunities/offerings/activities they provide to which you could refer clients/patients you see as part of social prescribing?

	<b>*</b> Required						
			We had a one-off meeting	Have never contacted me			
Public gardens	C	C	C	O			
Libraries	C	C	O	С			
Museums	C	C	0	O			

#### Page 10: Final questions

**11.** Do you have any other thoughts on the role of gardens, libraries, museums in social prescribing for older people?

**11.a.** Do you have any other thoughts on the role of the cultural sector (more broadly than just gardens, libraries and museums) in social prescribing for older people?

**11.b.** Do you have any specific examples of how the cultural sector has supported older people as part of social prescribing during the COVID pandemic (either that you know of directly through your own work or indirectly through a colleague)?

# Page 11: Final page

Thank you for taking the time to complete this survey. For further information about this project and others we are conducting on social prescribing, please visit our website (https://socialprescribing.phc.ox.ac.uk/).